

# Trauma Cheat Sheet

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## Setup Checklist

- OR temperature > 75° F
- Level 1 / Belmont wet down
- Blood products (massive transfusion)
- Airway supplies
- Video scope
- OG tube
- Second IV setup
- Ultrasound
- Arterial line
- CVC (introducer sheath)
- Calcium chloride
- Norepinephrine gtt

### Pre-Op

- GCS score
- Cervical spine stability
- Home anti-coagulants?

### Access

- 2 large bore IV's
- Arterial line
- +/- introducer sheath  
*(for additional access)*

### Induction

- Rapid Sequence Induction
- Etomidate vs ketamine
  - Rocuronium

### Airway

*Cervical spine precaution*

### Post-Induction Labs

- T/S
- ABG
- CBC
- Coags & TEG

### Resuscitation

- Minimize crystalloid  
*Worsens coagulopathy*
- 1:1:1 resuscitation  
*Follow up TEG*
- +/- early TXA  
*1 g 10 min, 1 g 8h*

### Hemodynamic Goals

Initial damage control surgery	<b>SBP at 90 mm Hg</b>
Post-stabilization	<b>SBP &gt; 90 mm Hg</b>

\*Suspected TBI: SBP > 90 mm Hg

## Traumatic Brain Injury

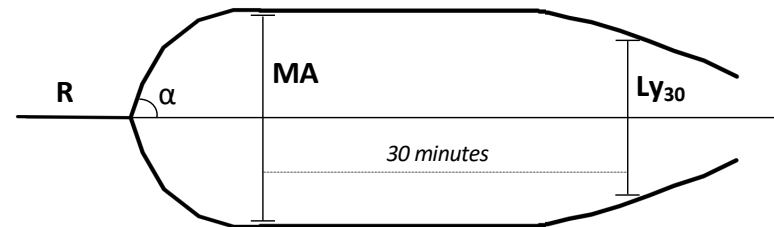
*Altered LOC = presumed TBI*

- Cerebral perfusion pressure: 50 - 70 mm Hg
- Avoid hypoxia
- Avoid albumin

## Spinal Cord Injury

- Consider MAP > 85 mm Hg

## TEG



R time	4-8 minutes	FFP
$\alpha$ angle	> 50°	Cryoprecipitate
Maximum amplitude	> 55 mm	Platelets
Lysis 30	<8% decrement	Tranexamic acid

## Lethal Triad

